**Hi dear members,**

**CEnClub ask us to inform you that a new instructor is now available as of November 1th, 2023, her name is "CLEO.”**

**Training and/or development sessions take place on Tuesdays, Wednesdays and Thursdays at the Tilford courts..**

**FOR BEGINNERS**

**The session begins at 8:00 a.m. to 9:30 a.m.**

**FOR INTERMEDIATE/ADVANCED:**

**Sessions start from 9:30 a.m. to 11:00 a.m.**

**Depending on your level, here is a summary of what you can learn or improve:**

**Tuesday: Learn to hit, ready position, basic footwork, dink shot, continental hit/v-grip.**

**Wednesday: Learn to serve, Forehand/Backhand strokes, return serve, third shop drop, overhead smash shot**

**Thrusday:  Mock games and learn how to track scores.**

**P.S. TO ASSIST TO THIS TRAINING YOU MUST PROVIDE CVE ID, RESIDENTS ONLY.**

**SESSIONS OPERATE ON A FIRST COME FIRST SERVE BASIS.**

**Lyne Durivage, president CVE Pickleball Club**